

## OUR CAREGIVER VOLUNTEERS CAN HELP YOU . . .

- ... fight compassion fatigue.
- ... continue to provide  
the best care possible for  
your loved one.
- ... find hope.

"He knew **exactly** what I  
am going thru. Because  
**he could relate**  
to what I am feeling,  
**I didn't feel alone.**"

— CHN Post-Match Survey —

Cancer Hope Network provides free one-on-one support to adult cancer patients and their loved ones by matching them with trained Support Volunteers. Each of CHN's 400+ volunteers is at least one year post-treatment or successfully undergoing maintenance therapies. They have faced more than 80 types of cancer and speak 15 languages.

Cancer Hope Network provides hope and encouragement for caregivers and patients at any stage of diagnosis, treatment and survivorship.

Se habla Español.



ONE-ON-ONE SUPPORT FOR  
CANCER PATIENTS & THEIR LOVED ONES.

Two North Road, Suite A | Chester, NJ 07930  
[info@cancerhopenetwork.org](mailto:info@cancerhopenetwork.org)  
877-HOPENET | 877-467-3638  
[cancerhopenetwork.org](http://cancerhopenetwork.org)

# CANCER CAREGIVERS

...NEED CARE TOO



CALL TODAY

# 877-HOPENET

[CANCERHOPENETWORK.ORG](http://CANCERHOPENETWORK.ORG)

# COMMON QUESTIONS

## You are not alone. Caregivers need care too.

Being a caregiver is rewarding. It's an opportunity to put the love you feel into physical action. It can also be overwhelming, isolating and guilt-inducing.

Like your loved one fighting cancer, you didn't ask for this battle. You didn't ask for the fear, or the endless appointments and treatments. You didn't prepare for the self-doubt and exhaustion you may be feeling.

CHN provides one-on-one peer support for caregivers and the cancer patients they love. Our trained Support Volunteers can help guide you as you care for your loved one from diagnosis, through treatment and beyond.

Matches may be based on cancer type, stage, treatment or specific challenges you and your loved one are facing.



**Don't be afraid  
to admit that  
you're scared.**

— Hugo —  
*Support Volunteer since 2016*

## Here to support caregivers

We are dedicated to offering one-on-one, confidential support to those who are caring for a cancer patient. When you connect with a caregiver Support Volunteer, you will find that the emotional or physical strain you may be experiencing is not unusual. You'll be reminded that showing your love and concern doesn't have to hurt you.

**"You have to call and  
get help...You're a person.  
You're a human. You simply  
cannot do it alone."**

— Ann —  
*Caregiver, Survivor Support Volunteer since 2003*

## Cancer Hope Network

- Offers caring support from trained survivors and caregivers of all types of cancer.
- Does not provide medical advice, recommend physicians or treatment facilities. We do not take the place of the support you get from your doctors and other healthcare professionals.

**877-HOPENET**  
**CANCERHOPENETWORK.ORG**

## How does this work?

A member of our Patient Services team will speak with you about your specific concerns and your loved one's diagnosis. They will then match you with a Support Volunteer who has had a similar experience. The Support Volunteer will contact you within 48 hours.

**My volunteer was  
candid, compassionate  
and supportive.**

## Who are our Support Volunteers?

Our trained Support Volunteers are caring, compassionate people who want to help others. They have been patient caregivers or patients who know firsthand what it is like to live with cancer. They understand the challenges of caregiving because they have faced those challenges themselves.



**This nightmare  
will end. Learn to  
lean on others.**

— Charlotte —  
*Support Volunteer since 2004*